

DIY Face Mask

Created by: Nancy Fiedler, Janome Education



As we are all aware there is a shortage of face masks in our communities.

Something all of us who love to sew can do is help our local agencies and provide them with masks. Look in your stash for tightly woven cotton and elastic.

Then follow the simple steps below to sew up face masks in adult and children's sizes.

I personally reached out to my local health department for the steps to donate these masks safely.

NOTE: This style of facemask is not recommended by the CDC to effectively protect against the COVID-19 virus. Reserve facemasks for sick individuals and for those caring for them.

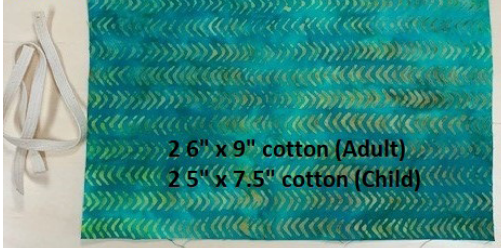
Janome Supplies:

Any Janome sewing machine
Red Tip Needle

Fabric and Notions:

- 2 6" x 9" tightly woven cotton (adult size)
- 2 5" x 7.5" tightly woven cotton (child size)
- 2 7" strips 1/4" elastic
- All-purpose thread.

2 7" strips 1/4" wide elastic



Sewing Instructions

1. Pin elastic strips diagonally in each corner to right side of rectangle as shown.



2. Place rectangles right sides together matching all four sides.
3. Use 1/4"-3/8" seam allowance to sew around all four sides leaving 2-3" opening along one long edge.



4. Turn right side out.

DIY Face Mask

5. Make three pleats at each end.



7. Sew a second line of stitches around all four sides for a stable seam.



6. Sew around all 4 sides of mask 1/8-1/4" from edge.

