

COTTON AND JOY PATTERNS

SCRAPPY FALL

A QUILTED PILLOW PATTERN · COTTONANDJOY.COM · JANOME.COM



A PATTERN BY FRAN GULICK OF COTTON AND JOY © 2021

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BEFORE YOU START

- **WOF** = Width of fabric. All pattern measurements assume fabric to be 42" wide from selvage to selvage
- **Seam Allowance** = $\frac{1}{4}$ "
- Press all seams open unless otherwise stated.
- Check cottonandjoy.com/pattern-corrections for any pattern updates or corrections.
- Share your progress and finished quilt on Instagram using hashtags: [#scrappyfallpillow](https://www.instagram.com/hashtag/scrappyfallpillow) and [#cottonandjoypatterns](https://www.instagram.com/hashtag/cottonandjoypatterns)

MATERIALS	REQUIREMENT	CUTTING
BACKGROUND	1 Fat Quarter	B1: 1 19" x 5 $\frac{1}{4}$ " B2: 1 19" x 2 $\frac{1}{4}$ " B3: 1 12 $\frac{1}{2}$ " x 5 $\frac{1}{4}$ " B4: 1 12 $\frac{1}{2}$ " x 2 $\frac{1}{4}$ " B5: 2 5" x 5" B6: 2 4 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ "
LEAF	6 scraps	C1: 1 5" x 5" C2: 3 4 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " C3: 1 6 $\frac{1}{2}$ " x 1 $\frac{1}{2}$ "
BACKING and BATTING	24" x 24"	
PILLOW BACK	$\frac{1}{2}$ yard	P1: 1 19" x 14" P2: 1 19" x 11"
BINDING	$\frac{1}{4}$ yard	3 2 $\frac{1}{2}$ " x WOF

SEWING INSTRUCTIONS

HALF-SQUARE TRIANGLES (HSTs)

1. Draw a diagonal guideline on the back of both C1 squares. **Fig 1**
2. Pair one C1 square with one B5 square, right sides together.
3. Sew $\frac{1}{4}$ " away on each side of the guideline. **Fig 2**
4. Cut along the guideline. **Fig 3**
5. Press seams open. Trim the two HSTs to 4 $\frac{1}{2}$ ". **Fig 4.**
6. Repeat with remaining C1 and B1 squares.

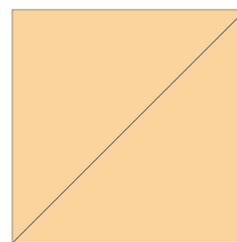


FIG 1

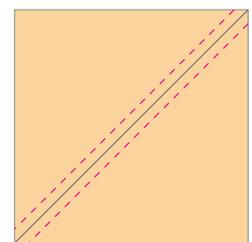


FIG 2

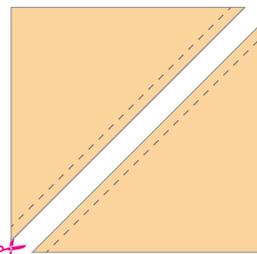


FIG 3

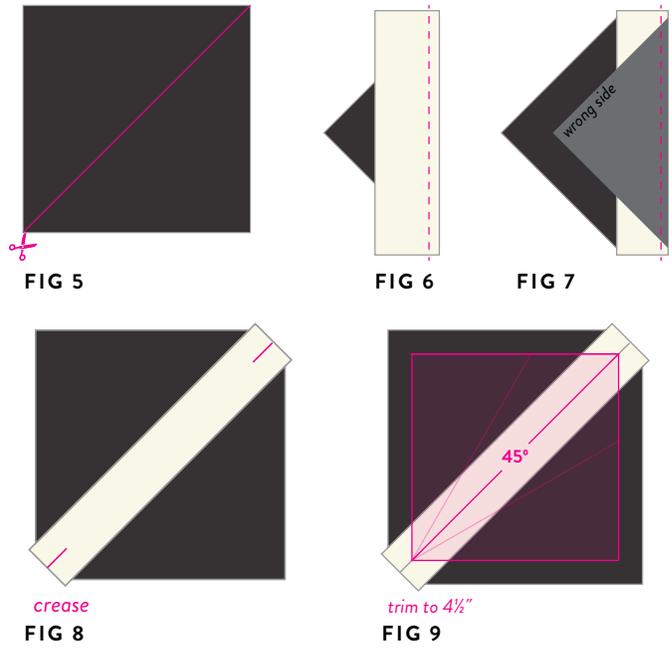


FIG 4

For a tutorial on trimming HSTs visit cottonandjoy.com/hst

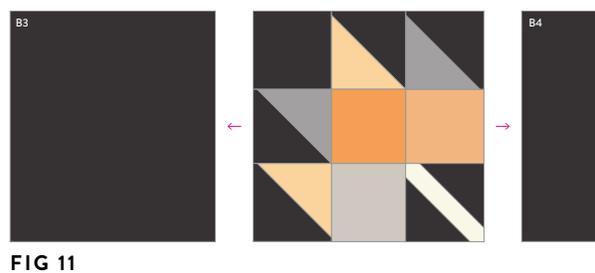
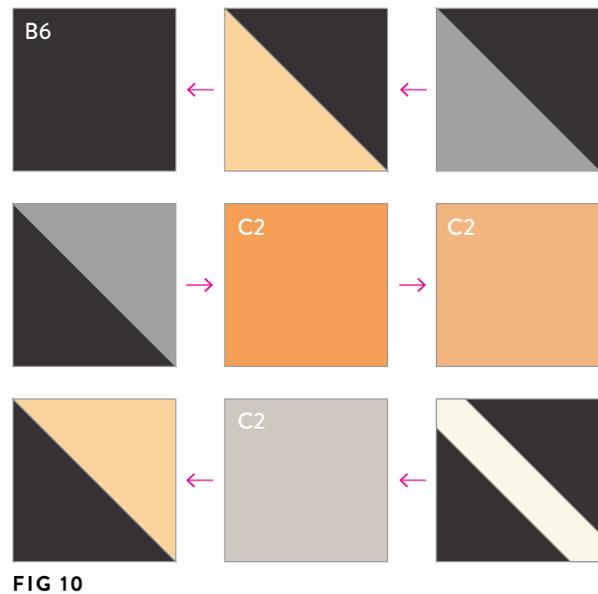
STEM UNIT

1. Cut one B6 square in half on the diagonal as seen in **Fig 5**.
2. With right sides together, pin and sew together one of the B2 triangles from Step 1 and the C3 rectangle. **Fig 6**. Press seam.
3. Sew the other B2 triangle to the other side of the C3 rectangle. **Fig 7**. Press seam.
4. Fold unit from Step 3 in half creasing the center of the C3 rectangle on both ends as seen in **Fig 8**.
5. Line up the 45° line of your ruler with the creases created in Step 4. Trim your unit to 4½" x 4½". **Fig 9**



PILLOW TOP

1. Following **Fig 10**, lay out the complete leaf block. Pay close attention to the orientation of the HSTs and Stem units.
2. Sew together the rows from left to right, pressing the seams in the directions of the arrows.
3. Lay top row on center row, right sides together, nesting the seams. Pin if needed. Sew and press seam open.
4. Lay bottom row on unit from Step 3, right sides together, nesting seams. Pin if needed. Sew and press seam open.
5. Sew B3 piece to the left of the Leaf Block from Step 4. Press seam toward B3 piece. **Fig 11**
6. Sew B4 piece to the right of the Leaf Block. Press seam toward B4 piece. **Fig 11**
7. Sew B1 piece to the top of unit from Step 6. Press seam towards B1 piece. **Fig 12 (next page)**
8. Sew B2 piece to the bottom of unit from Step 7. Press seam towards B2 piece. Your pillow top should measure 19" x 19". **Fig 12 (next page)**



FINISH THE PILLOW

1. Make a quilt sandwich by placing the backing fabric right side down, the batting on top, then the pillow top right side up.
2. Baste the layers together using your preferred method. Quilt as desired.
3. Hem one 19" side on the P1 piece by pressing the edge over to the wrong side of the panel by $\frac{1}{4}$ ". Press the folded edge over another $\frac{1}{4}$ ". Top stitch the hem in place by sewing $\frac{1}{8}$ " away from the folded edge of the hem. **Fig 13**
4. Repeat Step 4 with P2 piece.
5. Overlap the two panels on the backside of the pillow cover and baste the panels in place by sewing around the perimeter of the pillow $\frac{1}{8}$ - $\frac{1}{4}$ " away from the edge. **Fig 14**
6. Sew binding strips together with diagonal seams. Trim excess, leaving a $\frac{1}{4}$ " seam allowance. Press seams. **Fig 15**
7. Once all binding strips are sewn together, fold in half lengthwise, wrong sides together, and press.
8. Sew binding to the pillow cover, lining up the raw edges. Fold binding over and machine or hand stitch to finish.

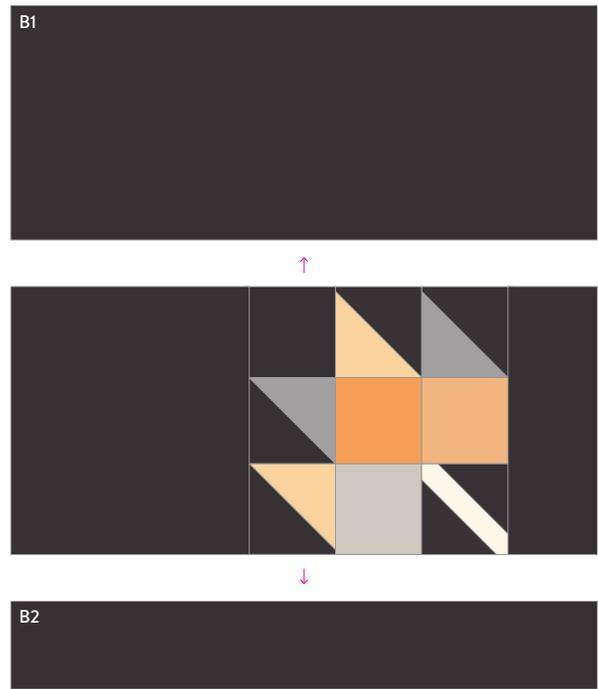


FIG 12

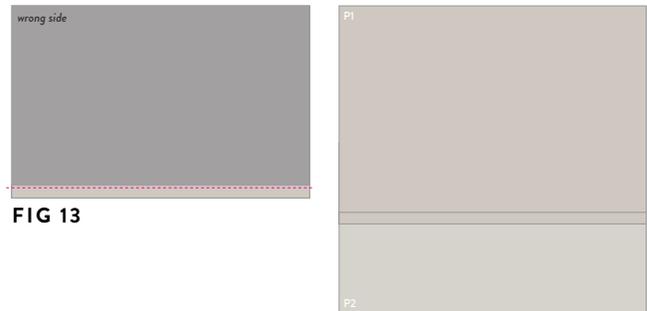


FIG 13

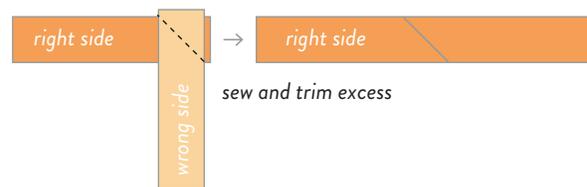


FIG 15