

KITCHEN TOWELS

Days of the Week Embroidery Designs and Project: Created by Sew4Home

The adorable Days of the Week embroidery designs have been created exclusively for Janome Canada by the creative team at Sew4Home.com. This mini tutorial by S4H shows you how to make this fantastic set of matching linen kitchen towels.

Getting Started - Download and install your free embroidery designs.

Created by S4H, This free embroidery collection has been specially designed for previous Canadian embroidery consumers that use .jef, .jef+ and .jpx formats or for new customer purchases of the MC15000, MC550E, MC9850 or Skyline S9. The embroidery files are split into individual components so you can mix and match to create your own set of cute towels or use the designs on a garment, tote bag, and more.

Materials List: For seven tea towels

- 3½ yards of 45" - 54" wide (3.2m of 110-132cm wide) mid-weight linen
- ½ yard of 45" wide (.5m of 110cm wide) quilting weight cotton in a decorative print, we used a Tula Pink stripe
- 1¼ yard (1.2m) of ½" (12mm) wide cotton twill tape
- Madeira Embroidery Thread in assorted colors to match the chosen design(s)



- Tear away stabilizer
- Janome pre-wound bobbins
- Suitable for any Janome embroidery machine with a B Hoop or RE Hoop. (140 x 180mm or 140 x 200mm)



Sew4Home provides inspiring tutorials that are expertly designed and have easy to understand instructions with gorgeous photography. Get to know Sew4Home better visit Sew4Home.com

Kitchen Towels

CUTTING AND PREPARATION

- From medium weight linen, cut the following FOUR 30½" width of fabric (WOF) lengths (77.5 cm).
- Trim the selvages, then cut each of the lengths into TWO panels, approximately 22" (55cm) in width.
NOTE: The width may vary according to the actual width of the fabric.
- You should end up with EIGHT 22 x 30½" (55 x 77.5cm) panels.
- From decorative cotton fabric, cut FOUR 3" (7.5cm) x WOF strips.
- Cut each strip into TWO 21" (53cm) sections.
- You should end up with EIGHT 3 x 21" (7.5 x 53cm) strips.
- From cotton twill tape, cut seven 5½" (14cm) lengths.

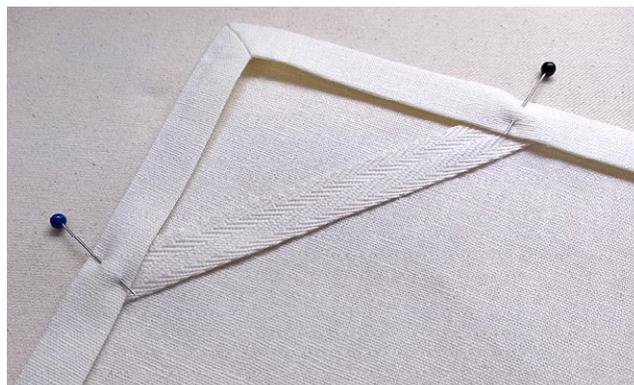
CONSTRUCTING EACH TOWEL

Step 1 - Press in a double 12mm (½") hem along each side and the upper edge of the linen panel. Miter each corner.



NOTE: If you're brand new to making narrow hems, Sew4Home has an [easy-to-follow tutorial](#) you can review prior to starting.

Step 2 - Place a length of cotton twill tape diagonally across the left corner of the tea towel. Tuck the ends under the hem and pin the tape in place.



Step 3 - Thread the machine with thread to best match the linen in the top and bobbin. Edge stitch the hem in place.



Step 4 - This stitching secures the twill tape. Remember to pivot at each corner.



Step 5 - Press under 12mm ($\frac{1}{2}$ ") along one edge of the decorative cotton.



Step 6 - Align the opposite raw edge of the decorative cotton with the lower raw edge of the linen panel, right sides together, centering the strip. There should be a small amount of cotton extending beyond the linen at each side.



Step 7 - Sew the strip to the linen panel using a 12mm ($\frac{1}{2}$ ") seam.



Step 8 - Press the cotton away from the linen.



Step 9 - Fold the decorative cotton strip right sides together, matching the ends.



Step 10 - Stitch across each end. Each short seam should run right next to but not on the main body of the towel.



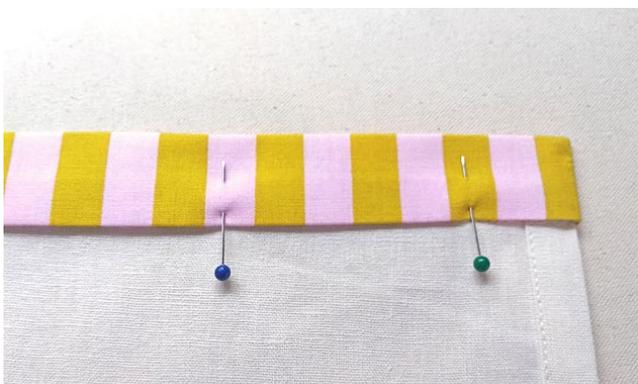
Step 11 - Trim back each seam allowance to about 6mm (1/4").



Step 13 - Top stitch from the right side through all layers.



Step 12 - Turn the ends right side out, which should bring the pre-folded edge of the strip around to the back of the towel. This folded edge should just cover the original line of stitching. Pin in place.



Step 14 - To maintain the crispness of the linen fabric, machine wash but do not dry in the dryer. Allow the towel to air dry. Then while still damp, press with a hot iron until dry.



Available through your Janome Canada dealer only.

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