# JANOME How to Project

# Prairie Plaid

#### QUILT PATTERN

Designed and Created by Erin Kroeker



Janome Maker Erin Kroeker, founder of the <u>The Blanket Statement</u>, Erin draws inspiration from the outdoors to create modern, quilt and bag patterns that are welcomed by quilters of all skill levels.

Finished Size: 56" x 64"

Skill Level: Confident Beginner

This design is inspired by the classic buffalo check pattern, but with a creative twist. Imagine the gentle sway of prairie grasses in the wind, this design captures that breezy movement, making the pattern look like it's dancing.

And here's the best part: it's made entirely from flying geese blocks, a playful nod to the iconic Canadian geese that share our homeland. This quilt blends a touch of whimsy with a dash of nostalgia, creating a cozy yet lively quilt that feels both familiar and refreshingly new.

## Tools and Supplies

- Sewing Machine; I used the Janome Continental M8
- HP Presser Foot and HP Plate or 1/4 inch Seam Foot
- AcuFeed AD Open Toe Foot (for quilting)
- AcuFeed ¼ Inch Foot (for binding)
- Janome Purple Tip Needle (90/14)
- Quilting Rulers
- Rotary Cutter and Mat
- Iron and Ironing Board
- Thread, Pins and Fabric Marking Tool



# Fabric Requirements

- A (Light) 1 Yard
- B (Medium) 2 Yards
- C (Dark) 1 Yard
- Backing 4 Yards
- Binding ½ Yard
- Batting approx 64" x 72"

The exact specified amount of fabric is needed. This measurement does not leave much overage.

Add ½ - ¼ yard extra if you'd like excess fabric for potential cutting errors!



Page 1 \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ \_\_ www.janome.ca



## **Getting Started**

## **Step 1: Cutting Instructions**

#### From Fabric A (Light):

A1 - (8 pcs) 9 3/4" x 9 3/4"

A2 - (24 pcs) 5 1/4" x 5 1/4"

#### From Fabric B (Medium):

B1 - (12 pcs) 9 3/4" x 9 3/4"

B2 - (64 pcs) 5 1/4" x 5 1/4"

#### From Fabric C (Dark):

C1 - (8 pcs) 9 3/4" x 9 3/4"

C2 - (24 pcs) 5 1/4" x 5 1/4"



## Step 2: Making Flying Geese

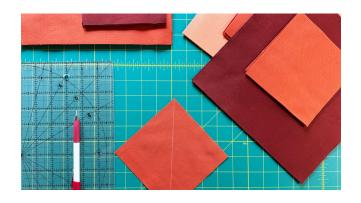
**No Waste Method** - To create the final look, this quilt design utilizes four different Flying Geese combinations as shown.







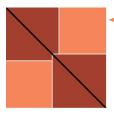




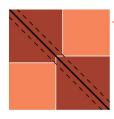
## Creating and Sewing Units 1 and 2



Mark a diagonal line on the wrong side of all A2, B2, and C2 5 ¼" squares.



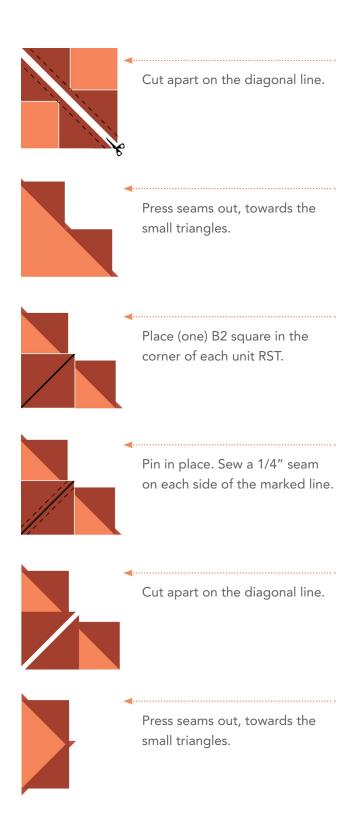
Place (2) B2 squares on opposite corners of an A1 square RST.



Pin the pieces in place. Sew a 1/4" seam on each side of the marked line.



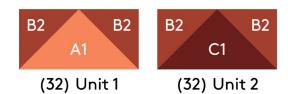






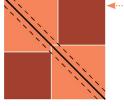
You've now created (four) Unit 1 flying geese.

Repeat steps to create the following number of flying geese in the following combinations: Unit 1- (32) A1/B2 and Unit 2 - (32) C1/B2.

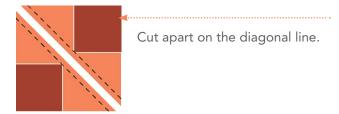


## Creating and Sewing Units 3 and 4





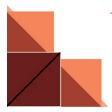
Pin the pieces in place. Sew a 1/4" seam on each side of the marked line.







Press seams out, towards the small triangles.



Place (one) C2 square in the corner of each unit RST.

**Note:** Ensure you are using C2 squares here, different from the first two squares!



Pin in place. Sew a 1/4" seam on each side of the marked line.



Cut apart on the diagonal line.



Press seams out, towards the small triangles.



When completed, (two) flying geese will be identical, and the other (two) will be a mirror image.



- Repeat steps to create Units 3 and 4 with all remaining pieces for a total of (48) A2/B1/C2 flying geese.





(24) Unit 3

(24) Unit 4

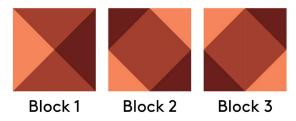
**Note:** When trimming, allow for a 1/4" seam allowance past the tip of the triangle.



- Trim all flying geese to 4  $\frac{1}{2}$ " x 8  $\frac{1}{2}$ ".



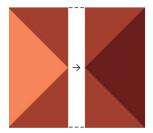
**Step 3: Block Assembly** 



### Assembly - Block 1 (Thirty-Two Finished Pieces)



- Place a Unit 1 and Unit 2 RST so the points of the triangles are meeting as shown.
- Sew together along the edge with the points using a 1/4" seam allowance. Press seam open or to the dark side based on your preference.
- Repeat steps, using all remaining Units 1 and 2 to make (thirty-two) Block 1.

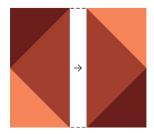




#### Assembly - Block 2 (Twelve Finished Pieces)



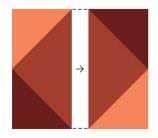
- Place (two) Unit 3 RST so the points of the triangles are on the outer edges.
- Sew together along the long edge of the triangles using a ¼" seam allowance. Press seam open or to the side based on your preference.
- Repeat steps, using all remaining Unit 3 to make (twelve) Block 2.



### Assembly - Block 3 (Twelve Finished Pieces)



- Place (two) Unit 4 RST so the points of the triangles are on the outer edges.
- Sew together along the long edge of the triangles using a ¼" seam allowance. Press seam open or to the side based on your preference.
- Repeat steps, using all remaining Unit 4 to make (twelve) Block 3.



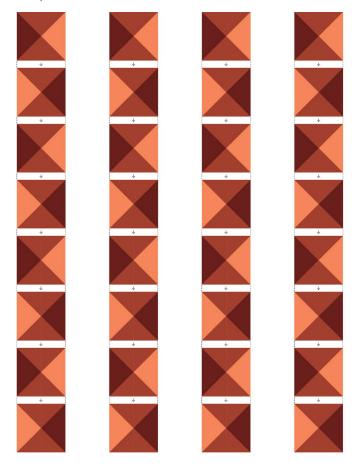


## **Step 4: Column Assembly**



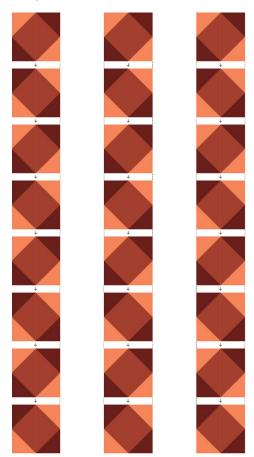
## Assembly - Column 1 (Four Finished Pieces)

- Sew (eight) of Block 1 together, alternating the direction of each block so the light and dark triangles switch sides.
- Press seams.
- Repeat for a total of (four) Column 1.



#### Assembly - Column 2 (Three Finished Pieces)

- Sew (four) Block 2 and (four) Block 3 together, alternating blocks as shown.
- Press seams.
- Repeat for a total of (three) Column 2.

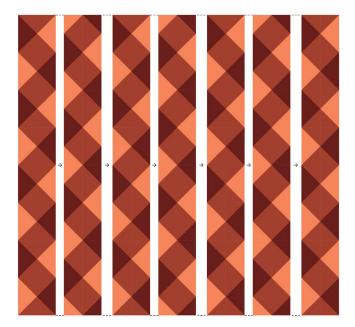




Step 5: Assemble The Quilt



- Sew columns together alternating Column 1 then 2 and so on as shown. Take your time to carefully pin and match up seams to line up points.
- Press seams.







## Step 5: Finishing The Quilt

- Cut the backing fabric as follows: (two) WOF x 72".
- Trim off the selvage edge. Place the backing pieces RST and sew along the trimmed edge with a 1/2" seam.

  Press seam.
- Layer the backing, batting and quilt top. Baste and quilt using your method of choice.

**HELPFUL TIP!** Using the AcuFeed Flex system with the UD Open Toe foot, I quilted a Crosshatch design with 2" spacing, using the quilting guide bar. I then added a Diagonal Crosshatch design (approx 1.5" spacing) so all the quilting lines intersect. This is also known as Crosshatch Mash Up!

- Trim the backing and batting to the same size as the quilt top to square up your layered quilt.
- For binding, cut the following: (seven) WOF x 2 ½" strips. Sew end to end to create one continuous piece of binding. Press seams. Fold in half lengthwise WST and press along the length.

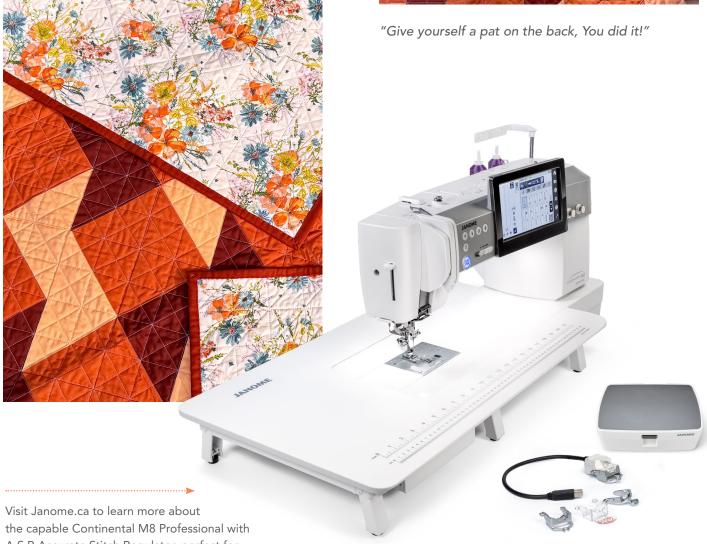




- Using the AcuFeed with ¼ Inch Foot, attach the binding to the perimeter of your quilt. Ensure the raw edge of the binding is in line with the edge of the quilt. Fold binding around to the other side and finish by machine or hand.

**HELPFUL TIP!** I prefer to attach the binding to the front of the guilt first and finish on the back.





the capable Continental M8 Professional with A.S.R Accurate Stitch Regulator, perfect for free motion or ruler quilting.